



Education  
Services  
Australia

17 March 2022

Nikki Bonus  
CEO/Founder  
Life Skills Group

Via email: [hello@nationalcheckinweek.com](mailto:hello@nationalcheckinweek.com)  
CC: [nikki@lifeskillsgroup.com.au](mailto:nikki@lifeskillsgroup.com.au)

Dear Nikki,

I am pleased to support the work of the Life Skills Group in its mission to support youth wellbeing and, particularly for *National Check-in Week 21 – 25 March 2022*, bringing focus to the wellbeing needs of every child every day.

Education Services Australia (ESA) is a not-for-profit education technology company committed to making a positive difference in the lives and learning of Australian students. We work with all education systems and sectors to improve student outcomes, enhance teacher impact and strengthen school communities.

As educators, we know how vital wellbeing is for learning. Significant research evidence shows that when students develop their social and emotional skills for wellbeing, health, and safety, they directly impact their learning outcomes.

During the COVID-19 learning disruptions and recent significant crises, our work with education sectors highlighted the need for action to support well-being in school communities.

Now more than ever, we understand the importance of prioritising mental health, self-care and wellbeing and that educators provide students with the support they need in times of crisis. We realise that this urgency to address student wellbeing will only increase in the coming years.

The increased demand for evidence-based tools, resources and practical ideas to enhance student wellbeing is noticeable across ESA's Student Wellbeing Hub digital resources and professional learning materials supporting educators, students, and parents to promote young people's wellbeing and resilience.

Educators are looking for ways to prioritise and support mental health, self-care and wellbeing for students.

*National Check-in Week* will contribute to raising the criticality of student wellbeing. Investment in this critical issue will raise awareness and provide educators with evidence-gathering tools to start conversations that will provide timely data to help understand students' state of well-being in real-time.

Yours sincerely,

Andrew Smith  
Chief Executive Officer