



Australian Council of State School Organisations

One voice for every child in government education

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Nikki Bonus
CEO / Founder
Life Skills Group

Via email: nikki@lifeskillsgroup.com.au

Dear Nikki

The Australian Council of State School Organisations Ltd (ACSSO) is extremely pleased to support the work of Life Skills Group with its most valuable work in supporting the wellbeing of our young people.

We love the focus you have placed on *National Check-in Week 21 – 25 March 2022*, highlighting the need to assess the wellbeing needs of every child every day.

ACSSO is the peak organisation providing the voice for families and communities supporting our nation's public schools. We advocate for a learning environment that puts the child's wellbeing at the centre of their needs to create an engaging and positive learning environment. It is only when a young person's emotional cup is well looked after that they are ready to learn. We support the work of our schools to build family school relationships and improve student outcomes by using a strengths-based approach.

During the bushfires, COVID-19 and the recent floods school learning disruptions occurred, and our most recent family survey revealed that the wellbeing of their child was the top-ranking concern.

More than ever, we understand the need to prioritise mental health, self-care and wellbeing of students and educators. One of the key issues has always been "how do we measure wellbeing?" and "what can we do to build resilience, self-care and emotional regulation?"

Your work provides a tool to assist families and educators to do just that – this is now a critical issue in our nation, and we need to invest in this immediately.

Congrats and well done on leading the way

Sincerely

Sharron Healy
President / Board Chair

Dianne Giblin AM
Chief Executive Officer

March 18 2022