



## Australian Council of State School Organisations Limited

Nikki Bonus  
CEO / Founder Life Skills Group

Via email: [nikki@lifeskillsgroup.com.au](mailto:nikki@lifeskillsgroup.com.au)

Dear Nikki,

We are pleased to support Life Skills Group and their important work in promoting the wellbeing of young people.

The Australian Council of State School Organisations (ACSSO) is the peak organisation representing families and communities supporting our nation's public schools. Our goal is to promote a learning environment that prioritises the wellbeing of children and creates a positive and engaging atmosphere for them. We firmly believe that when a young person's emotional needs are met, they are more prepared to learn. We support schools in building strong relationships with families and aim to improve student outcomes using a strengths-based approach.

As part of our commitment to promoting youth wellbeing, we will actively participate in National Check-in Week from May 22-26, 2023. As a nation, we must prioritise every child's wellbeing every day, and we are proud to be part of the Life Skills Group's efforts in this regard. We are confident that all contributions during this vital week will significantly impact young people's lives.

We love the focus you have placed on National Check-in Week 22-26 May 2023, highlighting the need to assess the wellbeing needs of every child every day.

Due to bushfires, the COVID-19 pandemic, and floods, there have been disruptions to school learning. Our recent family surveys indicated that the top concern of parents was their child's wellbeing.

Nowadays, we recognise the importance of prioritising students' and educators' mental health, self-care, and overall wellbeing. A crucial matter that has always been brought up is how we can measure wellbeing and what strategies can be implemented to develop resilience, self-care, and emotional regulation.

Your work offers a valuable tool that can aid families and educators in addressing a critical issue facing our nation. We must invest in this tool as soon as possible.

Congratulations, and well done for being a pioneer.

Sincerely,

Sharron Healy  
President / Board Chair  
27 April 2023

Dianne Giblin AM  
Chief Executive Officer

*One voice for every child in government education*

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